## epix<sup>™</sup> Pro (Gen 2) – Standard 51 mm GARMIN OMAN | +968 99562708 | +968 24712551 | www.garminoman.co

LENS MATERIAL	Corning® Gorilla® Glass
BEZEL MATERIAL	stainless steel
CASE MATERIAL	fiber-reinforced polymer with steel rear cover
QUICKFIT <sup>™</sup> WATCH BAND COMPATIBLE	included (26 mm)
STRAP MATERIAL	silicone
	51 x 51 x 15.0 mm
	Fits wrists with the following circumference:
PHYSICAL SIZE	Silicone band: 127-210 mm
PHISICAL SIZE	Leather band: 135-213 mm
	Fabric band: 135-213 mm
	Metal band: 135-225 mm
WEIGHT	98 g (case only: 70 g)
WATER RATING	10 ATM
TOUCHSCREEN	✓
DISPLAY TYPE	AMOLED
DISPLAY SIZE	1.4" (35.56 mm) diameter
DISPLAY RESOLUTION	454 x 454 pixels
COLOR DISPLAY	✓
LED FLASHLIGHT	✓
	Smartwatch: Up to 31 days (11 days always-or
	Battery Saver Watch Mode: Up to 41 days
	GPS Only: Up to 82 hours (58 hours always-or
	All Satellite Systems: Up to 62 hours (48 hrs always-on)
BATTERY LIFE	All Satellite Systems + Multi-band: Up to 38 hours (30 hrs always-on)
	All Satellite Systems + Music: Up to 17 hours
	Max Battery GPS: Up to 145 hours
	Expedition GPS: Up to 27 days
CHARGING METHOD	Garmin proprietary plug charger
MEMORY/HISTORY	32 GB

TIME/DATE	✓
GPS TIME SYNC	✓
AUTOMATIC DAYLIGHT SAVING TIME	$\checkmark$
ALARM CLOCK	$\checkmark$
TIMER	✓
STOPWATCH	✓
SUNRISE/SUNSET TIMES	✓
Health & Wellness Monitoring	
WRIST-BASED HEART RATE (CONSTANT, EVERY SECOND)	✓
DAILY RESTING HEART RATE	✓
ABNORMAL HEART RATE ALERTS	yes (high and low)
<b>RESPIRATION RATE (24X7)</b>	✓
PULSE OX BLOOD OXYGEN SATURATION	✓
FITNESS AGE	yes (in app)
BODY BATTERY <sup>™</sup> ENERGY MONITOR	✓
ALL-DAY STRESS	✓
RELAXATION BREATHING TIMER	✓
BREATHWORK	✓
SLEEP	yes (advanced)
SLEEP SCORE AND INSIGHTS	
HYDRATION	yes (in Garmin Connect™ and optional Connect IQ™ widget)
WOMEN'S HEALTH	yes (in Garmin Connect <sup>™</sup> and optional Connect IQ <sup>™</sup> widget)
HEALTH SNAPSHOT	✓
JET LAG ADVISER	✓
Sensors	
GPS	✓
GLONASS	✓
GALILEO	✓
MULTI-FREQUENCY POSITIONING	✓
SATIQ <sup>™</sup> TECHNOLOGY	✓
GARMIN ELEVATE™ WRIST HEART RATE MONITOR	✓

PULSE OX BLOOD OXYGEN SATURATION MONITOR	$\checkmark$
BAROMETRIC ALTIMETER	$\checkmark$
COMPASS	$\checkmark$
GYROSCOPE	$\checkmark$
ACCELEROMETER	$\checkmark$
THERMOMETER	$\checkmark$
AMBIENT LIGHT SENSOR	$\checkmark$

## **Daily Smart Features**

CONNECTIVITY	Bluetooth®, ANT+®, Wi-Fi®
CONNECT IQ <sup>™</sup> (DOWNLOADABLE WATCH FACES, DATA FIELDS, WIDGETS AND APPS)	✓
ON-DEVICE CONNECT IQ <sup>™</sup> STORE	$\checkmark$
SMART NOTIFICATIONS	$\checkmark$
TEXT RESPONSE/REJECT PHONE CALL WITH TEXT (ANDROID <sup>™</sup> ONLY)	✓
MORNING REPORT	$\checkmark$
CALENDAR	$\checkmark$
WEATHER	$\checkmark$
REALTIME SETTINGS SYNC WITH GARMIN CONNECT™ MOBILE	✓
BATTERY SAVER (CUSTOMIZABLE LOW POWER WATCH)	$\checkmark$
CONTROLS SMARTPHONE MUSIC	$\checkmark$
PLAYS AND CONTROLS WATCH MUSIC	$\checkmark$
MUSIC STORAGE	$\checkmark$
FIND MY PHONE	$\checkmark$
FIND MY WATCH	$\checkmark$
VIRB® REMOTE	✓
SMART TRAINER CONTROL	✓
PAIRS WITH GARMIN CONNECT™ MOBILE	✓
SMARTPHONE COMPATIBILITY	iPhone®, Android™
STOCKS	✓
GARMIN PAY™	$\checkmark$
Safety and Tracking Features	
INCIDENT DETECTION DURING SELECT ACTIVITIES	✓
INCIDENT DETECTION ALERT ON PHONE FOR WEARABLES	$\checkmark$

ASSISTANCE	✓
LIVETRACK	$\checkmark$
GROUP LIVETRACK	$\checkmark$
LIVE EVENT SHARING	$\checkmark$
Tactical Features	
DUAL GRID COORDINATES	$\checkmark$
Activity Tracking Features	
STEP COUNTER	$\checkmark$
MOVE ALERTS (DISPLAYS ON DEVICE AFTER A PERIOD OF INACTIVITY; WALK FOR A COUPLE OF MINUTES TO RESET IT)	$\checkmark$
AUTO GOAL (LEARNS YOUR ACTIVITY LEVEL AND ASSIGNS A DAILY STEP GOAL)	$\checkmark$
CALORIES BURNED	✓
FLOORS CLIMBED	$\checkmark$
DISTANCE TRAVELED	$\checkmark$
INTENSITY MINUTES	$\checkmark$
TRUEUP™	$\checkmark$
MOVE IQ™	$\checkmark$
GARMIN CONNECT™ CHALLENGES APP	yes (optional Connect IQ app)
Gym & Fitness Equipment	
AVAILABLE GYM ACTIVITY PROFILES	Strength, HIIT, Cardio and Elliptical Training, Stair Stepping, Floor Climbing, Indoor Rowing, Boxing, Mixed Martial Arts, Pilates, Yoga
CARDIO WORKOUTS	$\checkmark$
STRENGTH WORKOUTS	$\checkmark$
HIIT WORKOUTS	$\checkmark$
YOGA WORKOUTS	$\checkmark$
PILATES WORKOUTS	$\checkmark$
ON-SCREEN WORKOUT ANIMATIONS	$\checkmark$
ON-SCREEN WORKOUT MUSCLE MAPS	$\checkmark$
AUTOMATIC REP COUNTING	$\checkmark$
Training, Planning and Analysis Features	
HR ZONES	$\checkmark$

HR ALERTS	1
HR CALORIES	· · · · · · · · · · · · · · · · · · ·
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% HR MAX	✓
% HRR	✓
RECOVERY TIME	$\checkmark$
AUTO MAX HR	✓
RACE GLANCE/WIDGET	✓
HRV STATUS	$\checkmark$
TRAINING READINESS	$\checkmark$
HRV STRESS TEST (MEASURES YOUR HEART RATE VARIABILITY WHILE STANDING STILL, FOR 3 MINUTES, TO PROVIDE YOU WITH AN ESTIMATED STRESS LEVEL; THE SCALE OF THIS IS 1 TO 100; LOW SCORES INDICATE LOWER STRESS LEVELS) HR BROADCAST (BROADCASTS HR DATA OVER	yes (with compatible accessory) ✓
ANT+® TO PAIRED DEVICES) RESPIRATION RATE (DURING EXERCISE)	yes (with compatible accessory)
GPS SPEED AND DISTANCE	
CUSTOMIZABLE DATA PAGES	·
CUSTOMIZABLE ACTIVITY PROFILES	· · · · · · · · · · · · · · · · · · ·
AUTO PAUSE®	·
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INTERVAL TRAINING IMPROVED INTERVAL (INCLUDES OPEN REPEATS, INTERVALS DATA PAGE, REST SCREEN AND AUTO DETECTION)	✓
ADVANCED WORKOUTS	✓
DOWNLOADABLE TRAINING PLANS	✓
POWER MODES - CUSTOMIZABLE IN-ACTIVITY BATTERY SETTINGS	$\checkmark$
HRM RUNNING PACE AND DISTANCE	$\checkmark$
AUTO LAP®	$\checkmark$
MANUAL LAP	$\checkmark$
REST TIMER	√
CONFIGURABLE LAP ALERTS	✓
HEAT AND ALTITUDE ACCLIMATION	✓
VO2 MAX (RUN)	✓
VO2 MAX (TRAIL RUN)	✓
REALTIME STAMINA	$\checkmark$
ENDURANCE SCORE	$\checkmark$
LOAD RATIO	✓

TRAINING STATUS	yes (improved)
TRAINING LOAD	$\checkmark$
TRAINING LOAD FOCUS	$\checkmark$
TRAINING EFFECT	$\checkmark$
TRAINING EFFECT (ANAEROBIC)	$\checkmark$
PRIMARY BENEFIT (TRAINING EFFECT LABELS)	$\checkmark$
IMPROVED RECOVERY TIME	$\checkmark$
DAILY SUGGESTED WORKOUTS	yes (improved)
CUSTOM ALERTS	$\checkmark$
AUDIO PROMPTS	$\checkmark$
FINISH TIME	$\checkmark$
VIRTUAL PARTNER	$\checkmark$
RACE AN ACTIVITY	$\checkmark$
AUTO MULTISPORT ACTIVITIES	$\checkmark$
MANUAL MULTISPORT ACTIVITIES	$\checkmark$
COURSE GUIDANCE	$\checkmark$
GARMIN LIVE SEGMENTS	$\checkmark$
STRAVA LIVE SEGMENTS	$\checkmark$
ROUND-TRIP COURSE CREATOR (RUNNING/CYCLING)	$\checkmark$
TRENDLINE <sup>™</sup> POPULARITY ROUTING	$\checkmark$
TOUCH AND/OR BUTTON LOCK	✓
HOT KEYS	$\checkmark$
AUTO SCROLL	$\checkmark$
ACTIVITY HISTORY ON WATCH	$\checkmark$
PHYSIO TRUEUP	$\checkmark$
UNIFIED TRAINING STATUS	✓

**Running Features** 

AVAILABLE RUN PROFILES	Running, Outdoor Track Running, Treadmill Running, Indoor Track Running, Trail Running, Virtual Running, Ultra Running
GPS-BASED DISTANCE, TIME AND PACE	✓
RUNNING DYNAMICS	✓
VERTICAL OSCILLATION AND RATIO	✓
GROUND CONTACT TIME AND BALANCE	✓
STRIDE LENGTH (REAL TIME)	✓

CADENCE (PROVIDES REAL-TIME NUMBER OF STEPS PER MINUTE)	$\checkmark$
RUNNING POWER	$\checkmark$
GRADE-ADJUSTED PACE	$\checkmark$
PERFORMANCE CONDITION	✓
LACTATE THRESHOLD	yes (with compatible accessory)
PACEPRO™ PACING STRATEGIES	$\checkmark$
RUN WORKOUTS	$\checkmark$
HILL SCORE	$\checkmark$
TRAIL RUN AUTO CLIMB	$\checkmark$
RACE PREDICTOR	$\checkmark$
FOOT POD CAPABLE	$\checkmark$
RUN/WALK/STAND DETECTION	$\checkmark$
Golfing Features	
PRELOADED WITH 43,000 COURSES WORLDWIDE	$\checkmark$
YARDAGE TO F/M/B (DISTANCE TO FRONT, MIDDLE AND BACK OF GREEN)	$\checkmark$
YARDAGE TO LAYUPS/DOGLEGS	$\checkmark$
MEASURES SHOT DISTANCE (CALCULATES EXACT YARDAGE FOR SHOTS FROM ANYWHERE ON COURSE)	automatic
DIGITAL SCORECARD	$\checkmark$
CUSTOM TARGETS	$\checkmark$
STAT TRACKING (STROKES, PUTTS PER ROUND, GREENS AND FAIRWAYS HIT)	$\checkmark$
GARMIN AUTOSHOT™	$\checkmark$
FULL VECTOR MAP	$\checkmark$
AUTO COURSEVIEW UPDATES	$\checkmark$
<b>GREEN VIEW WITH MANUAL PIN POSITION</b>	$\checkmark$
HAZARDS AND COURSE TARGETS	$\checkmark$
HAZARDS AND COURSE TARGETS PINPOINTER	✓ ✓
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PINPOINTER	✓
PINPOINTER PLAYSLIKE DISTANCE TOUCH-TARGETING (TOUCH TARGET ON DISPLAY TO	✓ ✓
PINPOINTER PLAYSLIKE DISTANCE TOUCH-TARGETING (TOUCH TARGET ON DISPLAY TO SEE THE DISTANCE TO ANY POINT)	✓ ✓ ✓
PINPOINTER PLAYSLIKE DISTANCE TOUCH-TARGETING (TOUCH TARGET ON DISPLAY TO SEE THE DISTANCE TO ANY POINT) HANDICAP SCORING	✓ ✓ ✓ ✓
PINPOINTER PLAYSLIKE DISTANCE TOUCH-TARGETING (TOUCH TARGET ON DISPLAY TO SEE THE DISTANCE TO ANY POINT) HANDICAP SCORING TEMPO TRAINING	✓ ✓ ✓ ✓ ✓

VIRTUAL CADDIE	✓
PAIRS WITH GARMIN GOLF APP	$\checkmark$
TOURNAMENT LEGAL	$\checkmark$
GREEN CONTOURS (WITH GARMIN GOLF MEMBERSHIP)	✓

## **Outdoor Recreation**

AVAILABLE OUTDOOR RECREATION PROFILES	<ul> <li>Hiking, Indoor Climbing, Bouldering, Climbing, Mountain Biking, Skiing, Snowboarding,</li> <li>Backcountry Snowboarding, XC Classic Skiing, Backcountry Skiing, Water Skiing, Stand Up Paddleboarding, Rowing, Kayaking, Surfing,</li> <li>Wakeboarding, Wakesurfing, Tubing, Hunting, Kiteboarding, Windsurfing, Snowshoeing, Fishing, Horseback Riding, Motorcycling,</li> <li>Overlanding, Motocrossing, ATVing, Ice Skating, Boating, Sailing, Sail Racing, Jumpmaster, Tennis, Pickleball, Padel, Badminton, Squash,</li> <li>Table Tennis, Archery, Whitewater, Tactical, Disc Golf, Sailing Expedition, Obstacle Course</li> </ul>
POINT-TO-POINT NAVIGATION	$\checkmark$
BREAD CRUMB TRAIL IN REAL TIME	$\checkmark$
BACK TO START	$\checkmark$
TRACBACK®	$\checkmark$
ULTRATRAC MODE	$\checkmark$
AROUND ME MODE	$\checkmark$
REFERENCE POINT	$\checkmark$
UP AHEAD	$\checkmark$
NEXTFORK <sup>™</sup> NAVIGATION	$\checkmark$
ELEVATION PROFILE	$\checkmark$
DISTANCE TO DESTINATION	$\checkmark$
BAROMETRIC TREND INDICATOR WITH STORM ALERT	$\checkmark$
CLIMBPRO <sup>™</sup> ASCENT PLANNER	$\checkmark$
VERTICAL SPEED	$\checkmark$
TOTAL ASCENT/DESCENT	$\checkmark$
REST TIMER (ULTRA RUN ONLY)	$\checkmark$
AUTO REST	$\checkmark$
FUTURE ELEVATION PLOT	$\checkmark$
PRELOADED SKI RESORT MAPS	$\checkmark$
DOWNLOADABLE CARTOGRAPHY SUPPORT	$\checkmark$
GPS COORDINATES	✓

SIGHT 'N GO	✓
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	yes (via Connect IQ™)
FISH FORECAST	yes (via Connect IQ™)
PROJECTED WAYPOINT	✓
SUN AND MOON INFORMATION	✓
XERO <sup>™</sup> LOCATIONS	$\checkmark$
EXPEDITION GPS ACTIVITY	$\checkmark$
TIDES	yes (via Connect IQ™)
TIDE GLANCE	$\checkmark$
Cycling Features	$\checkmark$
	$\checkmark$
AVAILABLE CYCLING PROFILES	
BIKE LAP AND LAP MAXIMUM POWER (WITH POWER SENSOR)	$\checkmark$
RACE AN ACTIVITY	$\checkmark$
ALERTS (TRIGGERS ALARM WHEN YOU REACH GOALS INCLUDING TIME, DISTANCE, HEART RATE OR CALORIES)	$\checkmark$
FTP (FUNCTIONAL THRESHOLD POWER)	yes (with compatible accessory)
<b>POWER CURVE AND % FTP WORKOUTS</b>	$\checkmark$
CYCLE MAP (ROUTABLE CYCLING-SPECIFIC STREET MAP)	$\checkmark$
MTB GRIT & FLOW	✓
ADVANCED CYCLING DYNAMICS	✓
COMPATIBLE WITH VECTOR <sup>™</sup> AND RALLY <sup>™</sup> (POWER METERS)	$\checkmark$
COMPATIBLE WITH VARIA VISION™ (HEAD-MOUNTED DISPLAY)	$\checkmark$
COMPATIBLE WITH VARIA™ RADAR (REAR-FACING RADAR)	$\checkmark$
COMPATIBLE WITH VARIA™ LIGHTS	$\checkmark$
SPEED AND CADENCE SENSOR SUPPORT (W/SENSOR)	$\checkmark$
POWER METER COMPATIBLE	$\checkmark$
POWER GUIDE	$\checkmark$
Swimming Features	$\checkmark$
	$\checkmark$
AVAILABLE SWIM PROFILES	
POOL SWIM METRICS (LENGTHS, DISTANCE, PACE, STROKE COUNT, SWIM EFFICIENCY (SWOLF), CALORIES)	✓

STROKE TYPE DETECTION (FREESTYLE, BACKSTROKE, BREASTSTROKE, BUTTERFLY) (POOL SWIM ONLY)	✓
DRILL LOGGING (POOL SWIM ONLY)	$\checkmark$
BASIC REST TIMER (UP FROM 0) (POOL SWIM ONLY)	$\checkmark$
"REPEAT ON" REST TIMER (POOL SWIM ONLY)	$\checkmark$
AUTO REST (POOL SWIM ONLY)	$\checkmark$
TIME AND DISTANCE ALERTS	$\checkmark$
PACING ALERTS (POOL SWIM ONLY)	$\checkmark$
COUNTDOWN START (POOL SWIM ONLY)	$\checkmark$
POOL SWIM WORKOUTS	$\checkmark$
CRITICAL SWIM SPEED	$\checkmark$
UNDERWATER WRIST-BASED HEART RATE	$\checkmark$
HEART RATE FROM EXTERNAL HRM (REAL-TIME DURING RESTS, INTERVAL AND SESSION STATS DURING RESTS, AND AUTOMATIC HEART RATE DOWNLOAD POST-SWIM)	yes (with HRM-Tri, HRM-Swim, HRM-Pro or HRM-Pro Plus)
Kid Activity Tracking Features	$\checkmark$
	✓
TOE-TO-TOE™ CHALLENGES APP	
SOFTWARE	$\checkmark$